

## Personal Details

**Name** : Haleama Hasan Saleh Al-Sabbah  
**Current Address** : Fatima Building, Apart. 10, Al Baloua /  
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**Email** : [haleama@hotmail.com](mailto:haleama@hotmail.com)  
**DOB (date of birth)** : 12.Oct.1967  
**Sex** : Female  
**Marital Status** : Single  
**Nationality** : Palestinian  
**Driving licence** : licence issued in 1995

## Education

- 1) **2004 - 2008: PhD in Public Health Nutrition and Health Sciences/ Doctor in Medical Sciences.** Public Health department/ Faculty of Medicine and Health Sciences; *Gent University, Belgium.*

**Doctoral Thesis:** Nutrition-Related Behaviours among Palestinian Adolescents/ data from Health Behaviour for School aged Children survey (HBSC).

- 2) **2004 - 2005: Doctoral Training Program/ Doctorate in Nutrition**  
***Core Courses:*** Nutritional Epidemiology; Nutrition Planning; Nutrition project, Nutrition Disorders; and Nutrition Intervention; Food and Diet therapy, Community Health and Nutrition, *Gent University, Belgium.*

- 3) **1998 – 2000: Master of Philosophy in International Community Health and Nutrition.** Faculty of Medicine/ International Community Health “Nutrition”; *Oslo University, Norway.*

***Main modules:*** Introduction To Biology, Community Health And The Health Sector, Introduction To Health, Culture And Society, Introduction To Demography, Introduction To Environment And Health, Philosophy Of Science And Research Ethics, Medical Ethics, Community Nutrition, Children’s Health, Women’s Health And Reproductive Health, Drugs And Society, Habilitation And Rehabilitation, Human / Microbial Ecology, Water And Health, Ageing And The Elderly, Mental Health, Epidemiology, Statistics, Social Research Methods, Management For Primary Health Care, Human Nutrition, Child Nutrition, Maternal And Child Health Care, Determinants Of Health, Demography, Health Policy Planning And Management, Public Health Issues, Health And Development.

**Master Thesis:** Diabetes Self-management in Rural Palestinian Community.

- 4) **1997- 1998 - High Diploma in Primary Health Care.** Institute of community Health/ Primary Health Care (PHC); *BirZeit University, Palestine.*

**Research:** Prevalence of Anaemia among pregnant women at the Palestinian Red Crescent Society hospital (PRCS)/ Ramallah.

- 5) **1986 - 1990 – B.A in Public Health Nutrition.** Faculty of Medicine/ Public Health Department; *Jordan University of Science and Technology (JUST); Irbid, Jordan.*

## **Current position**

Head of the Public Health Department/ Faculty of Medicine /An-Najah University  
AND Assistant Professor in Nutrition and Public Health

## **Publications**

### ***Books***

*Al Sabbah, H.* Nutrition-Related Behaviours Among Palestinian Adolescents: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). (Paperback). **Publisher:** VDM Verlag (September 4, 2009).  
<http://www.amazon.com/Nutrition-Related-Behaviors-Among-Palestinian-Adolescents/dp/3639152794>

### ***Articles in international peer-reviewed included in Science citation Index (AI)***

- *Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L.* Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). *International Journal of Eating Disorders*. Int J Eat Disord 2009.  
<http://www3.interscience.wiley.com/journal/122382378/abstract>
- *Al Sabbah, H., Vereecken, C., Elgar, F., Nansel, T., Aasvee, K., Abdeen, Z., Ojala, K., Ahluwalia, N., & Maes, L.* Body Weight Dissatisfaction and Communication with Parents among Adolescents in 24 Countries: International Cross-Sectional Survey. *BMC Public Health* 2009, 9:52, 1-10.  
<http://www.biomedcentral.com/content/pdf/1471-2458-9-52.pdf>
- *Vereecken, C., Dupuy, M., Rasmussen, M., Kelly, C., Nansel, T.R., Al Sabbah, H., Baldassari, D., Jordan, M.D., Maes, L., Niclasen, B.V., Ahluwalia, N., & the HBSC Eating & Dieting Focus Group.* Breakfast consumption and its socio-demographic and lifestyle correlates in schoolchildren in 41 countries participating in the HBSC study. *International Journal of Public Health* 2009.  
<http://www.springerlink.com/content/4x331774w7w04851/fulltext.pdf>
- Due P, Damsgaard MT, Rasmussen M, Holstein BE, Sorensen TIA, Wardle J, Merlo J, Currie C, Ahluwalia N, Lynch J, Borraccino A, Borup I, Boyce W, Elgar

F, Gabhain SN, Krolner R, Matos MC, Nansel T, *Al Sabbah H.*, Svastisalee C, Valimaa R, Vereecken C. Socioeconomic position, macro-economic environment, and overweight among adolescents in 35 countries. *International Journal of Obesity* 2009, 33, 1084-1093.

- *Al Sabbah, H., Vereecken, C., Abdeen, Z. Coats, E. & Maes, L.* Associations of Overweight and of Weight Dissatisfaction among Palestinian Adolescents: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004): *Journal of Human Nutrition and Dietetics* 2008, 22, 40-49.  
<http://www3.interscience.wiley.com/cgi-bin/fulltext/121389258/PDFSTART>
- *Al Sabbah, H., Vereecken, C., Kolsteren, P., Abdeen, Z. & Maes, L.* Food Habits and Physical Activity Patterns among Palestinian Adolescents: findings from the national study of the Palestinian schoolchildren (HBSC-WBG2004): *Public Health Nutrition* 2007. 10, 739-746.  
[http://journals.cambridge.org/download.php?file=%2FPHN%2FPHN10\\_07%2FS1368980007665501a.pdf&code=14186c6d253ce8ca7005a5003ed21b36](http://journals.cambridge.org/download.php?file=%2FPHN%2FPHN10_07%2FS1368980007665501a.pdf&code=14186c6d253ce8ca7005a5003ed21b36)

### ***International journals Referee***

- ***Journal of Nutrition and Dietary Supplements***, Reviewer for manuscript: *Folic acid supplementation for the prevention for neural tube defects (NTD's): Promotion and use.* *Nutrition and Dietary Supplements* 2010.
- ***Journal of Human Nutrition and Dietetics***, Reviewer for manuscript: *Sugar-sweetened drinks consumption, anthropometrics and aerobic fitness in 9-10 year old schoolchildren.* *JHND* 2010.
- ***Saudi Medical Journal***, Reviewer for manuscript: *Weight satisfaction among adolescent girls in Alkhuber, Saudi Arabia between 1997 and 2007.* *SMJ* 2009.
- ***BMC-Public Health***, Reviewer for manuscript: *Socio-demographic Correlates of Food Habits among School 1 Adolescents (12-15 year) in North Gaza Strip.* *BMC-Public Health* 2009.
- ***Journal of Adolescent Health***, Reviewer for manuscript: *Measuring weight dissatisfaction in adolescent girls and young women.* *JOA08-416R1*, 2009.
- ***Public Health Nutrition***, Reviewer for a manuscript that *validate Physical Activity Levels (PAL) derived from accelerometers and 24-hour physical activity diaries (24-hr-AD) with the Heart Rate-oxygen consumption method (HRVO2), and second, to compare the PALs derived from an epidemiological questionnaire with an accelerometer and 24-hr-AD.* *PHN* 2008.

### ***Abstracts***

- *Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L.* Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National

Study of Palestinian Schoolchildren (HBSC-WBG2004). ***The 3<sup>rd</sup> World Congress on Controversies to Consensus in Diabetes, Obesity and Hypertension (CODHY). Prague Czech Republic. May 13-16 2010. Abstract has been awarded as the best abstract in the conference for Obesity Category.***

- ***Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L. Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004). 19<sup>th</sup> International Congress of Nutrition, ICN 2009, Bangkok, Thailand 2009.***
- ***Al Sabbah, H., Vereecken, C., Abdeen, Z., Ahluwalia, N., Kelly, C., Ojala, K., Németh, A., & Maes, L. Weight control behaviours among Overweight, Normal weight and Underweight adolescents in Palestine: Findings from the National Study of Palestinian Schoolchildren (HBSC-WBG2004)”. ECO 2009 Pre-Congress: Health behaviour and status in European adolescents: The HELENA Project (Healthy Lifestyle in Europe by Nutrition In Adolescence), Amsterdam May 2009.***
- ***Al Sabbah, H., Vereecken, C., Elgar, F., Nansel, T., Aasvee, K., Abdeen, Z., Ojala, K., Ahluwalia, N., & Maes, L. Body Weight Dissatisfaction and Communication with Parents among Adolescents in 24 Countries: International Cross Sectional Survey. Public Health Without Borders, APHA 136<sup>th</sup> Annual meeting and Expo, San Diego, California (169660), U.S.A 2008.***
- ***Due, P., Damsgaard, M., Rasmussen, M., Holstein, B., Sørensen, T., Wardle, J., Merlo, J., Currie, C., Ahluwalia, N., Lynch, J., Borraccino, A., Borup, I., Boyce, W., Elgar, F., Gabhain, S., Krølner, R., Matos, M., Nansel, T., Al Sabbah, H., Svastisalee, C., Välimaa, R., & Vereecken, C., (members of HBSC network). Macro-economic environment, social inequality and overweight among adolescents in 35 countries”. Symposium “25 años del Estudio HBSC: May 2008.  
<http://www.juntadeandalucia.es/salud/contenidos/andaluciaessalud/doc/resumendeagenda16thene spa%C3%B1ol.JuntayMinisterios.pdf>***
- ***Al Sabbah, H., G. Holmboe-Ottesen, A. Hussein, J. Jervell, E. Bjertness. Diabetes Self-Management in Rural Palestinian Community. The second conference of Jordanian Medical Schools, The third conference of Arab society of Medical Faculties. Jordan University of Science and Technology, Irbid, Jordan 2006 (P. 31).***
- ***Al Sabbah, H. Nutritional Status of Palestinian Adolescents: Impact of Local and Global Policies. MENA Region Arab Research Network with Support from Childwatch International. IRCKHF Premises, Amman, Jordan 2006.***
- ***Al Sabbah, H., Abdeen, Z., Vereecken, C., & Maes, L. Nutrition-related habits and physical activity among Palestinian adolescents. Childhoods 2005 Oslo Conference. Oslo, Norway 2005 (O-237, P.260).  
<http://childhoods2005.uio.no/952%20Childhood%20program1.pdf>***

- Al Sabbah, H., G. Holmboe-Ottesen, A. Hussein, J. Jervell, E. Bjertness. Diabetes Self-Management in Rural Palestinian Community. *The First Medical and Health Sciences Conference. An-Najah University. Nablus, Palestine 2005.*
- Al Sabbah, H., G. Holmboe-Ottesen, A. Hussein, J. Jervell, E. Bjertness. Diabetes Self-Management in Rural Palestinian Community. Global Health in the 21<sup>st</sup> Century: Challenges in Health Research 12 May 2000 - *1<sup>st</sup> Annual Student Scientific Conference (ASSC) of the Centre for International Health, University of Bergen, Bergen, Norway.*

## **Reports**

Shaheen M., Salam, R., Al Sabbah, H., Shalabi, T., Swaitee, Y. Improving Postpartum Care Among Low Parity Mothers in Palestine. Centre for Development in Primary Health Care (CDPHC) Al Quds University. Ramallah, Palestine 2003. Available at: [http://www.popcouncil.org/pdfs/frontiers/FR\\_FinalReports/West\\_Bank\\_LowParity.pdf](http://www.popcouncil.org/pdfs/frontiers/FR_FinalReports/West_Bank_LowParity.pdf)

Al Sabbah, H., Abu Khaled, K. Social and Economical Characteristics of Disabled People in Palestine. Palestinian Central Bureau of Statistics (PCBS), Ramallah, Palestine 2002.

Al Sabbah, H. Hearing Impairment among school children in Jenin District. Jenin Charitable Society, Palestine 2002.

Shahin, M., Abdeen, Z, Greenough, G, Shabaro, N., Tayback, M., Qasrawi, R., Al-Sabbah, H, Dandies, B. Nutritional Assessment of West Bank and Gaza Strip 2002. <http://healthinform.net/files/nutrition/Nutritional%20Assessment%20of%20the%20WB%20&%20Gaza-Sep.02.doc>.

## **Training Courses**

- **2009, July 5<sup>th</sup> –August 16<sup>th</sup>: Mentorship Program: Modern Practices of University Teaching and Learning Program workshops.** Main topics: needs assessment, course design and development, teaching/ Instructional Methods, Evaluation, E-learning. The course involved 20 participants from professors and assistant professors. **Al Quds University 2009**
- **2007, February 3<sup>rd</sup> -17<sup>th</sup>: COSPI: Combating Obesity Strategies for Prevention and Intervention.** Intensive course in obesity among children and adolescents. The course involved 42 PhD students in Nutrition and Food Sciences from all over Europe. **Graz University, Austria 2007.**
- **2007, May 6<sup>th</sup> -June 4<sup>th</sup>:** Summer Program in Social and Cultural Psychiatry, courses in research methodology, 30 participants from all over the world. **McGill University, Canada 2007.**

- **2007, April:** 3 intensive days training in **Multilevel analysis**. To analyze such hierarchical structures, there is a need for multilevel modelling, which allows studying the relationships between variables observed at different levels in the hierarchical structure. **Gent University, Belgium 2007.**
- **2007, March:** 4 intensive days training on **Logistic regression analysis**. This course shows how binary data can be modelled in terms of both categorical and continuous predictors. **Gent University, Belgium 2007.**
- **2006, October 9<sup>th</sup> -December 18<sup>th</sup>:** 2 months course in **Academic English Writing Skills in Biomedical Sciences**. **Gent University, Belgium 2006.**
- **2006, November:** 3 intensive days training on **Design and analysis of Clinical trial**. Experiments involving the health of human beings carry serious challenges and risks, but form one of the richest sources of information on causal effects of interventions. **Gent University, Belgium 2006.**
- **2006, May: Permanent Training “low Countries Studies”**. The program consists of 10 lectures and a number of extra activities to get acquainted with Flanders, Belgium and Netherlands. **Gent University, Belgium 2006.**
- **2005, February:** 7 intensive days training on **Introductory Statistics. Basics of Statistical Inference**. This course aims to provide insight into statistical concepts with emphasis on practical applications. **Gent University, Belgium 2005.**
- **2005, March:** 7 intensive days training on **Analysis of Variance**. Analysis of Variance (ANOVA) is a statistical tool used in the comparison of means of a random variable in populations that differ in a characteristic (factor), e.g. treatment, concentration, subject, sex, age, etc. **Gent University, Belgium 2005.**
- **2003, December:** 3 days training on **Epidemiological studies, Jericho, Palestine.**
- **1999, March: Quality and knowledge in the development process system monitoring** and Research-based evaluation in the project cycle. **Oslo University, Norway 1999.**
- **1999, February: Reproductive health and gendered messages from Cairo: How to categorize it into researchable questions in the areas of demography and health?, Oslo University, Norway 1999.**
- **1999, December: Reproductive Health Epidemiology**, Fertility factors, specific studies (IVF register in France, Babies born after IVF, Fertility after ectopic pregnancy), by Professor Alfred Spira: University of Paris XI, Paris, France. **BerZeit University, Palestine 1999.**
- **2000, March: District Health Information Systems (DHIS), University of Oslo, Norway 2000.**

## **Experiences**

- **2010, June:** Part-time **Focus Groups team leader**. To develop a demand-driven homebuyer education package. *CHF*
- **2009-2010, December –February:** **Lead researchers** for Ethnographic and Knowledge, Attitude and Practice (KAP) study Institutional Consultancy. The main objectives of this research are: to undertake the knowledge, attitude and practice study in relation to child care, dietary diversity and practices in West Bank and to Identify recommendations for response to improve child care practices, particularly the exclusive breastfeeding. Funded by *UNICEF*.
- **2009, July-August:** **Country Researcher** at *UNICEF* (Evaluation of UNICEF Youth programs in West-Bank: ‘Palestinian Adolescents: Agents of Positive Change - Towards an Environment Promoting Peace and Reconciliation’. The evaluation conducted in the four countries where there are Programme sites - occupied Palestinian territories (oPt), Jordan, Lebanon, and Syria. The evaluation will follow a standardised process in all four sites to provide consistent results. The overall goal of this Programme was to provide a supportive and protective environment for Palestinian adolescents (10-18 years) living in oPt and in refugee camps in Jordan, Syria and Lebanon for healthy development, recreation, protection and participation. It also aimed at strengthening psychosocial resilience among adolescents against the impact of prolonged conflict and forced migration.
- **2009:** **Consultant in Research** at *UNIFEM* (Analysis of calls and complaints during the war on Gaza: findings from 121 Helpline phone counselling Survey/ SAWA organization).
- **2009:** Director of the Public Health Department/ Faculty of Medicine/ An-Najah university.
- **2010:** Assistant Professor/ BirZeit University
- **2008-2010:** Assistant Professor/ Al Quds university.
- **2008-till now:** Assistant Professor and Teaching for medical students, pharmacological students, nursing and Master students in Public Health. **Teaching Courses include:** Clinical nutrition, Principles of Human Nutrition, Nutritional epidemiology, MCH (Maternal and Child Health), Health promotion, Research methods, health services administration, and Public Health, Project management.
- **2004-2008:** **PhD student, Researcher in Nutrition-Related Behaviours**, using data from Health Behaviour for School aged Children Survey (**HBSC**). **Gent University, Belgium.**
- **2002-2004:** **MARAM Project/** contracted by American Near East Refugee Aid (**ANERA**). Main Responsibilities were: Office Manager for MARAM Jenin office, Health Research consultant, Grants Coordinator, Health/ nutrition programs, BCC,

Behavioural Change and Communication Coordinator, Primary Health Care Clinics Needs Assessments and Procurement of medical equipment, and Maternity Homes Coordination and Evaluation, **Palestine**.

- **2000-2004: Researcher, Evaluator, Trainer and consultant in training**, Centre for Development in Primary Health Care (**CDPHC**) with specific focus on nutrition, food processing, family planning, environmental risks, and Participatory rapid appraisal, **Palestine**.
- **2004: Research assistant** for PhD student (Dr. Nadeem Aledeeli/ **UNICEF**). Orphan children and single mothers in Palestine, **Palestine**.
- **2003: Evaluator**. Umdaleel Project evaluation/ Al Lod charitable society- Nablus, funded by Tamkeen organization, **USAID**. This project was focusing on training mothers in adopting healthy food habits and changing behaviours.
- **2003-2004: Researcher and project coordinator**, Cross-Border Partnership in Early Childhood research, Centre for Development in Primary Health care (**CDPHC**). The main focus of this project was nutrition and mental health among children.
- **2003-2004: Researcher and project coordinator, Child Research in Palestine**. The aim of the project is to strengthen child research capacities in Palestine, through a co-operation between **Al-Quds University and NOVA**. The project also contributes actively with a network of child researchers in the Middle East and North Africa region. NOSEB and ChildWatch International are important partners in the project. Financial support from NUFU.  
[www.nova.no/index.gan?id=1738&subid=0&language](http://www.nova.no/index.gan?id=1738&subid=0&language)
- **2002: Researcher and supervisor**. Clinic Nutritional Survey in Palestine/ Conducted by **Al Quds University, John Hopkins University and Care International**. Nutritional assessment for children aged 6-59 months, wasting, stunting and undernutrition. Data were collected from primary health care clinics records using stratified sampling method.
- **2002: Researcher and supervisor**. Rapid Nutritional Survey in Palestine (Nutritional Assessment of the West Bank and Gaza Strip). Conducted by **Al Quds University, John Hopkins University and Care International**. Anthropometric measurements and blood analysis to assess the nutritional status among children aged 6-59 months and adolescents, in addition to 24hour food re-call. Data collection was conducted by using household visits.  
[www.usaid.gov/wbg/reports/Nutritional\\_Assessment.pdf](http://www.usaid.gov/wbg/reports/Nutritional_Assessment.pdf)
- **2002: Evaluator**. **UPMRC, Mobile clinic** (Prevention from Chronic Diseases Project) with the cooperation of **BierZet University**. The main aim of the project was screening to assess the prevalence of diabetes, cardiovascular diseases, uterus cancer and breast cancer among adults above 30years old, in order to prevent complications and trying to treat cases at the first stage.



- **2001- 2002: Researcher and project coordinator.** Improving Postpartum Care Among Low Parity Mothers in Palestine: a research conducted in cooperation with the Population Council and funded by **USAID**.  
[www.popcouncil.org/pdfs/frontiers/FR\\_FinalReports/West\\_Bank\\_LowParity](http://www.popcouncil.org/pdfs/frontiers/FR_FinalReports/West_Bank_LowParity)
- **2001-2002: Project Coordinator.** Community Health Workers Training Project in Jenin and Jericho districts in cooperation with the Ministry of Health and Patient Friend Society, funded by **MAP-UK**.
- **2001: Research Assistant.** Survey on the impact of current crisis on NGOs service delivery, **CDPHC**.
- **2001: Research Assistant.** Youth and smoking project, funded by Unicef in cooperation with the Palestinian Ministry of Education (**MOE**).
- **2000-2001: Coordinator and Consultant. Pilot Health Project (PHP)** in cooperation with: Population Council funded by **USAID**. Final Evaluation of the Pilot Health Project in the West Bank and Gaza.  
[www.usaid.gov/wbg/reports/PHP\\_Final\\_Evaluation](http://www.usaid.gov/wbg/reports/PHP_Final_Evaluation).
- **2000- 2001: Project Coordinator.** Emergency Project (school teachers training), funded by **UNICEF** in cooperation with the Palestinian Ministry of Education/ directorate of Qabatia. The aim of this project was to train teachers to be trainers at their schools and areas in order to help emergency cases and prevent complications.
- **1995-1998: Health Services Director:** Palestinian Red Crescent Society (**PRCS**)- Maternity Hospital- Al-Bireh.
- **1995-1996: Nutritionist:** focusing on meal planning, weight management, and nutrition education for obese women, **Palestine Centre for Body Fitness – Ramallah**
- **1990 – 1995: Nutritionist and Dietician:** Working in 3 hospitals in Amman- Jordan, (Al-Rahmeh Gen. Hospital, Jerusalem Hospital and training in the Islamic Hospital). Meal planning (diabetes, CVD, stomach, kidney disease, overweight and obesity,...), clinical nutrition, food and diet therapy. **Amman, Jordan**.

### **Academic and Teaching Experiences:**

- Assistant Professor and Teaching for medical students, pharmacological students, nursing and Master students in Public Health. Teaching Courses include: Clinical nutrition, Principles of Human Nutrition, Nutritional epidemiology, MCH (Maternal and Child Health), Health promotion, Research methods, health services administration, and Public Health, Project management, Community Nutrition. **Al Quds University, Birzeit university and An-Najah university.**
- **Nutritional Counselling for specific age groups course:** adolescents, reproductive age (pregnancy), menopausal woman, and elderly, 2004. Faculty of community health/ **UPMRC**.

- **Principles of Human Nutrition course**, 2002-2003. Master students in Public Health, Faculty of Public Health/ **Al Quds University**.
- **Human Nutrition course**, 1996-1998: **Palestine Technical Colleges/ Ramallah**
- **Health services administration course**, 1996-1998: **Palestine Technical Colleges/ Ramallah**
- **Food manufacturing course**, 1996-1998: **Palestine Technical Colleges/ Ramallah**.
- **Child and maternal health care course**, 1996-1998: **Palestine Technical Colleges/ Ramallah**

### **Master Students in Public Health Thesis (master research)**

#### **Supervisor/ Examiner**

- 1) Assessment of Complications among Patients with Type 2 diabetes attending diabetic clinics in governmental, privates, and UNRWA in the central region of the West Bank. Haneen Mahfouz. *Public Health, Al Quds University 2010.*  
**External Examiner**
- 2) The Impact of Exclusive Breastfeeding on Infant Morbidity in the first six months of Infant's life in Nablus Refugee Camps. Shaden Hamdi Shakeb Qanadelo. *Public Health, An-Najah University 2010.* **Internal Examiner**
- 3) Assessment of Quality of Primary Health Care Delivered to Children Under 5 years Old in North West-Bank. *Bahiyah Abed El Jalil Mustafa Sholi. Public Health, An-Najah University 2010.* **Supervisor**
- 4) Prevalence of Male infertility in West Bank. *Rania Wasef Mustafa Abu El Haija. Public Health, An-Najah University 2010.* **Supervisor**
- 5) Effect of Diabetes Educational Programs on Type 2 Diabetic patients in Tulkarm Directorate of Health. Osama Rashed. *Public Health, An-Najah University 2010.*

#### **Conferences:**

- **2010, May: 2<sup>nd</sup> Annual National Health Conference/ Ramallah, Palestine**
- **2010, March 1-2: Health Under Israeli Occupation 2, Institute of Community Health, Birzeit university, Ramallah, Palestine.**
- **2009, October 8-10: Second International Medical Conference. Advances in Women Care. An-Najah university, Nablus, Palestine.**
- **2009, April 30<sup>th</sup> -May 1<sup>st</sup> : Fifth Scientific Conference/ Faculty of medicine. Al Quds University, Jericho, Palestine.**

- **2008, November 19-20:** Children Have No Place in War. In Co-operation and With Support from ChildWatch International. MENA Child Research Network For "Children under Difficult Circumstances". **Kempinski Hotel, Amman, Jordan.**
- **2007, September 18-20:** Setting an ethical agenda for health promotion. **Gent University, Gent, Belgium.**
- **2006, November 12-14:** Health Behaviour for School aged Children (HBSC) meeting. **Lausanne, Switzerland**
- **2006, June 8-10:** Health Behaviour for School aged Children (HBSC) full meeting. **Budapest, Hungary.**
- **2006, May 29-31:** Researching Children and Childhood in a globalised World. Norwegian Centre for Child Research, **Trondheim, Norway.**
- **2006, April 26-27:** MENA Region Arab Research Network with Support from Childwatch International. IRCKHF Premises, **Amman, Jordan.**  
*Abstract Presentation:* Nutritional Status of Palestinian Adolescents: Impact of Local and Global Policies.
- **2006, April 12-13:** The Second Conference of Jordanian Medical Schools, The Third Conference of Arab Society of Medical Faculties. Under the Patronage of Her Royal Highness Princess Muna Al-Hussein, **Jordan University of Science & Technology, University of Jordan, Mu'tah University, Hashemite University and King Abdullah University Hospital . Irbid, Jordan.**  
*Abstract Presentation:* Diabetes Self-Management in Rural Palestinian Community. [www.just.edu.jo/news/Book2006.pdf](http://www.just.edu.jo/news/Book2006.pdf)
- **2005, August 1<sup>st</sup> :** The First Medical and Health Sciences Conference. **An-Najah University. Nablus, Palestine.**  
*Abstract presentation:* Diabetes Self-management in Rural Palestinian Community.
- **2005, June:** International Childhood Conference. **Oslo University. Oslo, Norway.**  
*Abstract presentation:* Lifestyle, nutrition and physical activity among Palestinian adolescents. <http://childhoods2005.uio.no>
- **2005, May. HBSC Conference.** Health Behaviour for School aged Children (HBSC). **Gozo, Malta.**  
*Abstract presentation:* food habits and physical activity patterns among Palestinian adolescents. [www.hbsc.org](http://www.hbsc.org)
- **2005, February:** Child Nutrition in Israel and Palestine – Seeking Joint Initiatives. Funded by **Tufts University, USA.**  
<http://nutrition.tufts.edu/conferences/childhood/>

- **2005, February 7-9:** Chairperson for the Working Group on Behavioral Change and Communication.  
*Presentation:* the Palestinian experience with BCC.  
<http://nutrition.tufts.edu/conferences/childhood/>
- **2004, January 12-16:** The Scientific conference on **Nutrition Programs: challenges & opportunities**, Funded by **USAID, Amman-Jordan**.
- **2003, September 22-24:** Improving Children's Well-Being Now to Ensure A better Future Tomorrow, conducted by Palestinian National Authority, Ministry of Planning (NPA)- Secretariat of the National Plan of Action for Palestinian Children. Supported by **Canadian International Development Agency. Ramallah, Palestine**.
- **2002, August:** Nutrition Survey –2002, Press Conference on the Survey Results. Palestinian Central Bureau of Statistics (PCBS). **Ramallah, Palestine**
- **2000, May 12:** Global Health in the 21<sup>st</sup> Century; Challenges in Health Research, 1<sup>st</sup> Annual Student Scientific Conference (ASSC) of the Centre for International Health, **University of Bergen, Bergen, Norway**.  
*Abstract presentation:* Diabetes Self-management in Rural Palestinian Community.
- **1999, December 15: Poster presentation:** In connection with the 20<sup>th</sup> anniversary of the North-South Cooperation at the **University of Oslo. Oslo, Norway**.

### Workshops and Seminars:

- 2010, April 8: Urbanization and Health. Palestinian Ministry of Health (MOH). **Ramallah, Palestine**
- **2009, December 9-10:** The use of the food fortification formulator for establishing standards and practices of food control. USAID, A2Z and MOH. By Dr. Omar Dary from AED. **Ramallah, Palestine**.
- **2009, October:** The Ma-Pi Diets and the Diabetes Project. Sponsored by Palestinian Academy for Science and Technology. **Ramallah, Palestine**.
- **2009, July:** Modern Practices of University Teaching and Learning Program Workshops. Sponsored by the **World Bank. Al Quds University, Palestine**.
- **2005. July:** The LQAS Training Workshop. Sponsored by **USAID** supported **Hanan MCHN Project. Ramallah, Palestine**.
- **2005. July:** TV talk show by **Palestine TV**. Obesity among Children and adolescents. **Ramallah, Palestine**

- **2004, July 27:** Second Workshop on MENA Region, **Arab Research Network for Children under Difficult Circumstances**. Violence against Children and Safety of Children on roads, at home and at schools. In cooperation with Norwegian Institute for Child Welfare Research. **Amman, Jordan**
- **2004, August:** A Policy Analysis Tool for Calculating the Health, **Child Spacing and Economic Benefits of Breastfeeding (BOB)**, Palestinian Nutritional Profiles, MARAM Project). Jay Ross and Helen Stiefel. The Academy for Educational Development /Washington, DC. **Amman, Jordan**
- **2004, June 5-9: Health and nutrition behaviours.** Health Creative Festival for all MARAM project grantees, contractors and partners. **Ramallah, Palestine.**
- **2003, June 19-23: MECIDS** (Middle East Consortium on **Infectious Disease Surveillance**). **Larnaca- Cyprus.**
- **2003, August 10-13: Child Rehabilitation Initiative for Safety and Hope** workshop (**Children Psycho trauma**). **Nicosia- Cyprus.**
- **2003, August 27-28:** Community Health Research Methods, Monitoring and Evaluation Capacity Building workshop, conducted by **MARAM Project (USAID)**. **Ramallah- Palestine.**
- **2003, November:** A POLYCOM Training program in View Station Basics. **MARAM Project (USAID)**. **Ramallah, Palestine.**
- **2003, November:** TV talk show by **Watann TV**. Type 2 Diabetes and Fasting. **Ramallah, Palestine**
- **2002, October:** TV talk show by **Watann TV**. Diabetes Self-Management in Palestine. **Ramallah, Palestine**
- **2002, June:** 5days training of rules and regulations in providing USAID Grants and Grants management/London
- **2001, June 14-17:** Training of trainers' in public health and nutrition workshop, Tamkeen organization (**USAID**). **Ramallah, Palestine.**
- **2001, May: Prevention & Treatment of Psychological Trauma:** Critical Incident **Stress Management** and Eye Movement Desensitisation and Reprocessing, by William J.Thomson: PhD, USA. **BerZeit University. Ramallah, Palestine.**
- **1999, December:** Reproductive health epidemiology – workshop, **BerZeit University. Ramallah, Palestine.**

## **Study Scholarships awarded**

- **2004-2008**, Belgian Technical Cooperation (**BTC**) Scholarship for PhD in Public Health Nutrition. **Gent University, Belgium.**
- **1998- 2000:** Norwegian Government Quota Program Scholarship/ Master in International Community Health. **Oslo University, Norway.**
- **1997- 1998:** BirZeit University Scholarship/ High Diploma in Primary Health Care. **BirZeit University, Palestine.**

## **Languages**

- **Arabic** :Mother language
- **English** :Excellent (understanding, reading, speaking, writing)
- **Nederland** :weak

## **Computer skills**

- Reference Manager ⇒ Reference manger program
- Word processing ⇒ MS Word & Word Perfect
- Spreadsheet. ⇒ MS Excel
- Statistical software. ⇒ SPSS
- Slides presentation ⇒ MS Power Point
- Food processor ⇒ Nutrition analysis program
- Nutri-survey software ⇒ Nutritional assessment program
- Internet

### ***Other skills:***

Communication and networking skills, Management, Supervision, Proposal writing and fundraising, quantitative and qualitative Research, Community Needs Assessments, Report writing, Designing and Development of Health Research Tools, Teaching and Instruction, Health projects management, monitoring and evaluation, Power point presentations.

## **References**

Will provided Upon requested